

RADIANCE: THE EXPERIENCE OF LIGHT

Time Code	Speaker	Dialog
0:45	NARRATOR	Years ago I had an experience,
0:50	NARRATOR	an experience of Light.
0:54	NARRATOR	My whole body was filled with light.
0:59	NARRATOR	I felt connected by that light to the universe.
1:07	NARRATOR	I became conscious of an exquisite radiance,
1:11	NARRATOR	permeating the fabric of all life.
1:20	NARRATOR	I saw that every living thing has its own special luminous quality.
1:35	NARRATOR	I wanted to explore the secret of that magical feeling.
1:41	NARRATOR	I felt a yearning to understand it.
1:48	NARRATOR	I realized from my experience that the source of that light
1:53	NARRATOR	is re-born in every moment of creation,
2:06	NARRATOR	and I've come to see that everyday light

2:09	NARRATOR	is just the visible aspect of that intimate light
2:15	NARRATOR	which in reality isn't out there some place
2:18	NARRATOR	but right here.
2:24	NARRATOR	We begin this journey with the familiar world,
2:30	NARRATOR	the world around us.
2:40	NARRATOR	We live in a world of light and shadow.
4:09	NARRATOR	Light has many faces.
4:21	NARRATOR	The earth itself is filled with light.
4:30	NARRATOR	Fire,
4:32	NARRATOR	a primal force,
4:35	NARRATOR	a universal symbol of energy.
4:42	NARRATOR	Holy Light appears in every religion
4:48	NARRATOR	In every Jewish synagogue, a light burns day and night.

4:54	NARRATOR	The Sabbath is celebrated with candle light.
5:02	NARRATOR	Channukah, the Hebrew Festival of Lights.
5:12	NARRATOR	The Buddha radiated light, according to his disciples.
5:22	NARRATOR	They say the rays of knowledge rose like light, above his head
5:27	NARRATOR	and around him.
5:37	NARRATOR	The Light of Christ, begins with the Annunciation.
5:53	NARRATOR	Those whose lives were touched by His, shared His radiance.
6:24	NARRATOR	In His healing ministry,
6:26	NARRATOR	Christ was said to channel light.
6:37	NARRATOR	According to the New Testament,
6:39	NARRATOR	His face did shine as the sun.
6:48	NARRATOR	In every faith,
6:51	NARRATOR	the teacher embodies inner light.

6:56	NARRATOR	The faces of some Indian and Sufi teachers communicate this glowing presence.
7:06	NARRATOR	Ancient Indian Scriptures say, that we could become as Gods,
7:12	NARRATOR	with the visible Light of Heaven
7:14	NARRATOR	manifest in us.
7:54	NARRATOR	Since the beginning of time, people have tried to fathom the mysteries of Celestial light.
8:04	NARRATOR	At Stonehenge, the Sun, the stars and planets were observed,
8:10	NARRATOR	revealing the progression of heavenly bodies.
8:25	NARRATOR	The sun was worshipped for centuries in Egypt.
8:31	NARRATOR	revered as a compassionate force,
8:38	NARRATOR	communicating directly with humans,
8:42	NARRATOR	each ray extending a hand, to accept offerings and give life.
8:59	NARRATOR	The Sun,

9:01	NARRATOR	a fiery sphere of light,
9:04	NARRATOR	A mandala
9:07	NARRATOR	A mandala is a sunlike form,
9:13	NARRATOR	a symbol of wholeness,
9:17	NARRATOR	a way of understanding and experiencing
9:21	NARRATOR	different levels of reality.
9:26	NARRATOR	Like the sun,
9:28	NARRATOR	radiating from a center,
9:31	NARRATOR	its design ignites inner light.
10:44	NARRATOR	A place of worship
10:46	NARRATOR	is designed to use light, to heighten the senses, and invite the spirit.
11:36	NARRATOR	Some say the body itself is a Temple of Light
11:44	NARRATOR	It's as if there is a sea of electricity in the human body.

11:49	NARRATOR	Perhaps holy light is not just a metaphor but an actual energy.
12:00	NARRATOR	Can we know the electrical patterns of our inner worlds?
12:17	NARRATOR	High energy photography records the electrical discharge
12:22	NARRATOR	as a current is passed through living things.
13:02	NARRATOR	Our lives are connected to the energy of all life.
13:10	NARRATOR	We are radiant beings.
13:40	NARRATOR	Not only the radiance,
13:43	NARRATOR	but the rhythms of the universe
13:46	NARRATOR	touch our lives.
13:51	NARRATOR	Time brings changes.
14:12	NARRATOR	In the natural balance,
14:16	NARRATOR	while one part carries the message of new birth.
14:20	NARRATOR	Others complete their cycles,

14:24	NARRATOR	and life is embraced by the darkness of death.
14:38	NARRATOR	Ancient texts speak of light in the afterlife.
14:43	NARRATOR	From the Book of the Dead,
14:47	NARRATOR	"Do not forget this secret –
14:50	NARRATOR	when your mind and body separate, you can see the primary clear light.
14:58	NARRATOR	It's like a mirage,
15:00	NARRATOR	subtle, but bright.
15:04	NARRATOR	Do not be afraid.
15:07	NARRATOR	It is the same light you also radiate."
15:14	NARRATOR	Is there light after death?
15:19	NARRATOR	Similar reports come from people who have returned to life, after being pronounced dead.
15:28	NARRATOR	Going down a tunnel, with a light at the end.
15:32	NARRATOR	At first the light is dim,

15:35	NARRATOR	growing gradually brighter,
15:39	NARRATOR	and with it, a feeling of great love,
15:43	NARRATOR	and the infinite.
17:39	NARRATOR	There's a great desire within me
17:42	NARRATOR	to know how the world works,
17:56	NARRATOR	To understand the intention of physical matter.
18:01	NARRATOR	Yes, and yes and yes again cries out my heart.
18:06	NARRATOR	Today I touch the earth...
18:09	NARRATOR	and willing and loving is she that touches me, in return.
18:18	NARRATOR	Oh great mother, guide me,
18:21	NARRATOR	show me that pressing, lifting, blinding light of love.
18:28	NARRATOR	Born in eternity
18:01	NARRATOR	and living in all that is

18:36	NARRATOR	all that is, walk with me now.
18:41	NARRATOR	Clear my mind.
18:45	NARRATOR	Clear my eyes.
18:49	NARRATOR	Clear this my body
18:53	NARRATOR	that I might receive you fully
18:56	NARRATOR	and let me become a giver of light.
		END